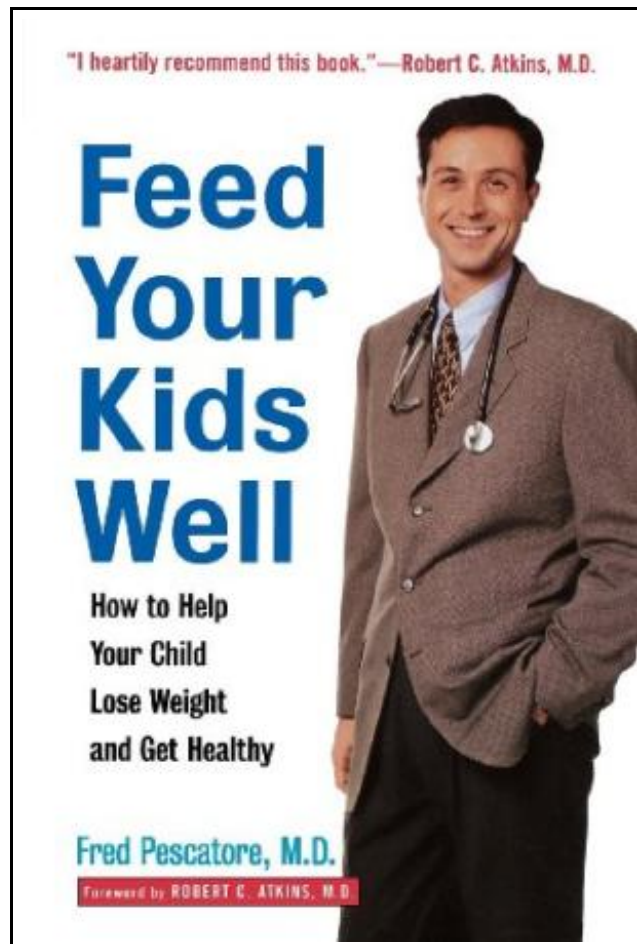


## Feed Your Kids Well: How to Help Your Child Lose Weight and Get Healthy



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## FEED YOUR KIDS WELL: HOW TO HELP YOUR CHILD LOSE WEIGHT AND GET HEALTHY




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Turner Publishing Company. Paperback. Book Condition: new. BRAND NEW, **Feed Your Kids Well: How to Help Your Child Lose Weight and Get Healthy**, Fred Pescatore, Robert C. Atkins, "I've worked side by side with Dr. Pescatore for many years. In this book--which I heartily recommend--Dr. Pescatore teaches you how to bring health and nutrition to the next generation."--Robert C. Atkins, M.D., author of the multimillion copy bestseller *Dr. Atkins' New Diet Revolution*. "Feed Your Kids Well offers a sensible approach to the difficult problem of childhood obesity--and many other children's health problems. Dr. Pescatore provides parents with excellent strategies for dealing with their children in a positive, sensitive way."--Carol Colman, coauthor of the New York Times bestseller *The Melatonin Miracle*. "Feed Your Kids Well is an excellent book that explains the importance of a well-balanced diet. It exposes the dangers associated with high-sugar foods and reveals the true cause of childhood obesity."--Joyce and Gene Daoust, authors of *40-30-30 Fat Burning Nutrition*. "I helped nutritionally vet Adelle Davis's book, *Let's Have Healthy Children*. In my opinion, **Feed Your Kids Well** replaces that important work."--Fran Gare, nutrition expert, CBS-TV. Today, one-third of North American children and teenagers are overweight. And despite decades of medical and scientific breakthroughs, the percentage of children with health problems today is the highest in history. **Feed Your Kids Well** will be a revelation for millions of worried parents. Dr. Fred Pescatore, who was overweight and asthmatic as a child, brings an empathetic and hopeful tone to this groundbreaking guide to achieving optimum nutrition, ideal health, and self-confidence. Building on the low-carbohydrate principles of the hugely popular *Dr. Atkins' New Diet Revolution*--which has helped millions of adults lose weight permanently--Dr. Pescatore applies the Atkins Center's proven nutritional program to children and teenagers. Thoroughly tested over years of exhaustive...

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