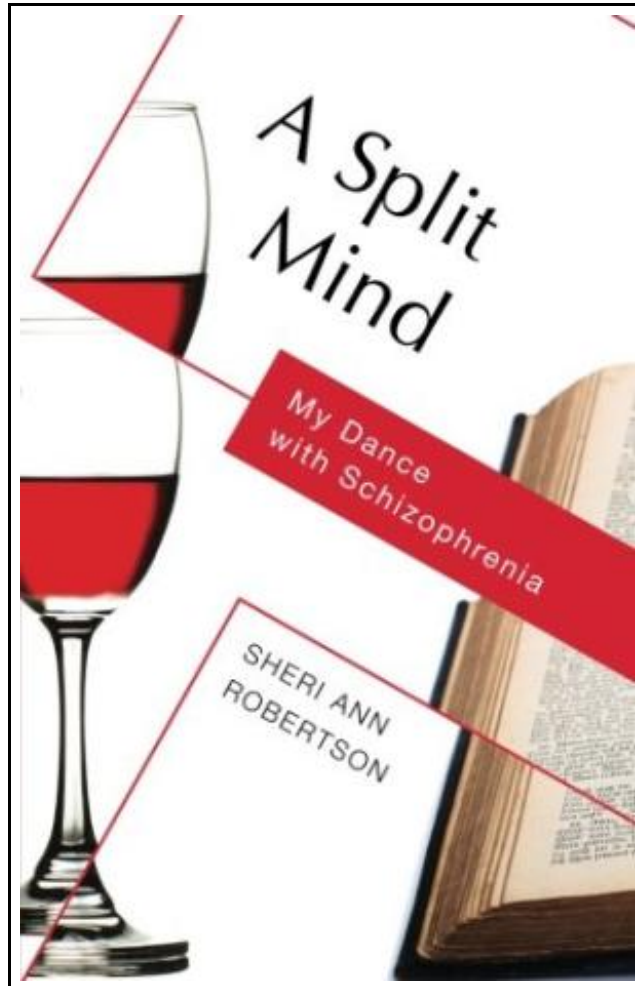


A Split Mind (Paperback)



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Tate Publishing Enterprises, United States, 2013. Paperback. Book Condition: New. 208 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.A Split Mind is an encouraging and eye-opening memoir about what it is like to live with a family member who has a mental illness. Sheri grew up in the suburbs of Edison, New Jersey, with her mother, father, an older brother. She seemed to have the perfect family and a bright future ahead of her. But then her mother developed symptoms of schizophrenia, and Sheri s world was turned upside down. Her brother became involved in drugs, her father left them, and Sheri s grades were slipping as she struggled to help her mother by herself. As Sheri grew up, her mother s condition grew worse. Among other things, Sheri s mother wore tin foil constantly to keep people from reading her mind, and she even believed her own daughter was possessed by a malicious entity named D.J. Sheri strove in vain to help her mother even as she tried to find acceptance from others in her life. While her mother bounced from family living room to mental institutions and back again, Sheri struggled with her own issues of anxiety, post traumatic stress, and lack of self-esteem. But even through all this, God was with Sheri and helped her through every situation. Sheri finds strength every day to continue and make life better for herself and those around her. A Split Mind is an encouraging and eye-opening memoir about what it is like to live with a family member who has a mental illness.



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