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THE IBS HEALING PLAN: NATURAL WAYS TO BEAT YOUR SYMPTOMS (HARDBACK)



Hunter House Publishers, United States, 2008. Hardback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Irritable bowel syndrome is characterized by bloating, abdominal pain, and altered bowel habits. This hard-to-handle problem affects nearly all facets of an individual s life, but because many patients find it difficult to discuss their bowel problems with their doctors, they often suffer in silence. Although there is no cure for the disorder, there are ways...

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- Authored by Theresa Cheung
- Released at 2008



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