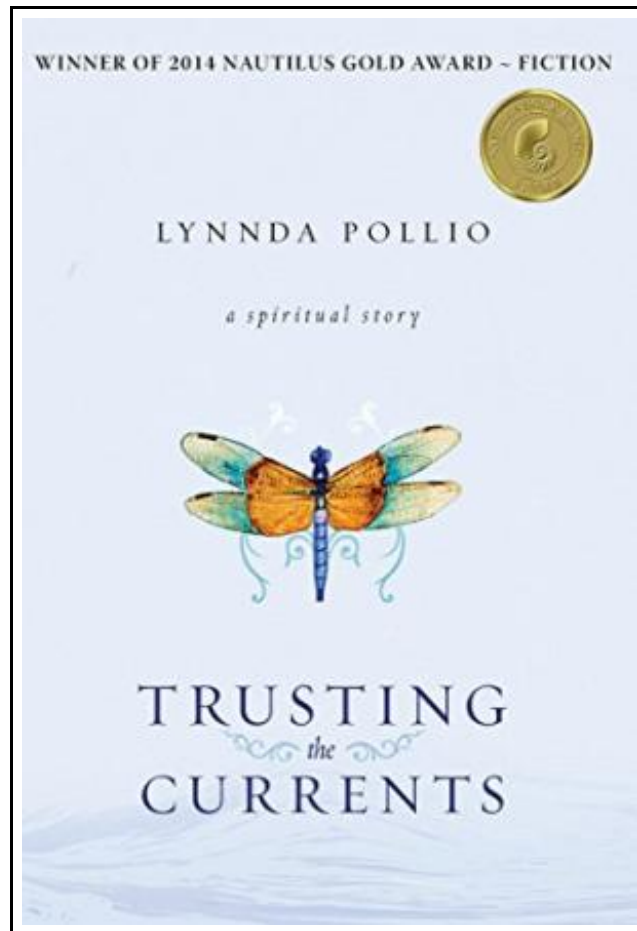


## Trusting the Currents



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Sageheart Media. Hardcover. Book Condition: New. Hardcover. 256 pages. Dimensions: 8.5in. x 5.5in. x 0.8in. Trusting the Currents represents a new literary genre of conscious storytelling, engaging high spiritual frequencies that resonate with the readers heart, guiding them deep into their own truth and transformation. Some moments change everything you become. Author Lynnda Pollios life as a busy New Yorker abruptly changes when she unexpectedly hears the mystical, elderly voice of Addie Mae Aubrey, a Southern, African American woman. Her first words, Its not what happened to me that matters, begin a spirited remembering of Addie Maes teenage years in the late 1930s rural south and the hard learned wisdom Addie Mae asks Lynnda to share. As women from different times and places, together they embark on an uncommon journey. Narrated by Addie Mae Aubrey, Trusting the Currents is a spiritual story of faith, courage, forgiveness, and the uneasy search for ones place in life. Beginning at age eleven with the arrival of beautiful, mysterious cousin Jenny and her shadowy stepfather, Uncle Joe, Trusting the Currents explores Addie Maes reluctant awakening. As Jenny, the storys mystical center introduces Addie Mae to the spiritual world, a caring teacher, Miss Blanchard, guides Addie Mae with the power of reading. Romantic love enters her life for the first time with Rawley, and we experience how Addie Maes emerging sense of self compels her to a life altering decision. Throughout the story her mother remains an unwavering source of love, even when fear and evil shake their lives. Unfathomable loss and rising trust in the Invisibles not only transforms Addie Maes budding life, but leads to the authors own spiritual awakening. This unlikely pair becomes partners in showing us how to trust our own life currents. Lynnda Pollio is a Consciousness Advocate, Founder, and Chief...



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