Couple of Diets to Control Seizures: Both Helped Me One Cured Me (Paperback)

By Gerald Yemoto

iUniverse, United States, 2004. Paperback. Book Condition: New. 221 x 142 mm. Language: English . Brand New Book ***** Print on Demand *****.This is a book of two diets I tried to control my epileptic seizures. No medications seemed to control the seizures I had. Not until I seen the Charlie Foundation present an Introduction of the Ketogenic Diet, did I ever consider dieting would control my seizures. In August 1996 I began the ketogenic diet. The ketogenic diet controlled my seizure better than any medications I tried. Because of my age (adult) it was hard to seek professional help that practiced the diet, since it is practiced on children only. Dieticians of a Children s Hospital nearby did coach me though the diet. Not until seven years later did I notice that certain foods were being eaten just before I had a seizure, specifically pasta. I began researching the possible cause of seizures and gluten appeared. I looked back on my records while I was on the Ketogenic Diet and noticed I had certain foods before having seizures. Those foods had gluten in it. Gluten sensitivity is becoming more prevalent as it is studied. Being unsuccessful contacting the medical...

READ ONLINE
[2.65 MB]

Reviews

It in one of the most popular ebook. It usually fails to price an excessive amount of. Its been printed in an extremely basic way in fact it is merely right after i finished reading through this book in which really altered me, change the way i believe.
-- Sigrid Brown

Absolutely one of the best pdf We have ever read. I really could comprehended every little thing using this written e book. I am easily could get a satisfaction of reading a written publication.
-- Dr. Odie Hamill

Relevant Kindle Books

Children s Educational Book: Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius. Age 7 8 9 10 Year-Olds. [Us English] (Paperback)

Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to expand and inspire young minds; this is...

Children s Educational Book Junior Leonardo Da Vinci : An Introduction to the Art, Science and Inventions of This Great Genius Age 7 8 9 10 Year-Olds. [British English] (Paperback)

Createspace, United States, 2013. Paperback. Book Condition: New. 248 x 170 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to expand and inspire young minds; this is...

Patent Ease: How to Write You Own Patent Application (Paperback)

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Patent Ease! The new How to write your own Patent book for beginners! Because you are a beginner; not a...

Children s Handwriting Book of Alphabets and Numbers: Over 4,000 Tracing Units for the Beginning Writer (Paperback)

Createspace, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.The Children s Handwriting Book of Alphabets and Numbers provides extensive focus on alphabet tracing and number tracing for the...

I Am Reading: Nurturing Young Children s Meaning Making and Joyful Engagement with Any Book (Paperback)

Heinemann Educational Books, United States, 2015. Paperback. Book Condition: New. 234 x 185 mm. Language: English . Brand New Book. It s vital that we support young children s reading in ways that nurture healthy reading identities, that foster an attraction to...

Readers Clubhouse Set a Nick is Sick (Paperback)

Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. Carol Koeller (illustrator). 221 x 147 mm. Language: English . Brand New Book. This is volume three, Reading Level 1, in a comprehensive program (Reading Levels 1 and 2) for beginning...